



# LEARN THE FACTS ABOUT DRUGS

## First thing you should know:

There are three major classifications of drugs based on the effect. Some drugs have characteristics that fall in more than one category, for example, marijuana can be classified as a depressant or a hallucinogen depending on the amount ingested. **The three major categories are as follows:**

**Depressants:** More commonly referred to as “downers,” depressants create feelings of relaxation and tiredness. While many serve legitimate purposes in the fight against mental illness and sleep deprivation, they are very commonly abused because they may also create feelings of euphoria. Depressants are not only some of the most highly addictive drugs, but they are also some of the most highly dangerous and likely to cause overdose. **Examples of depressants include:**

### ALCOHOL



**Street names:** Booze **Looks like:** Beer, Wine, Liquor **How it is used:** Drunk **What teens have heard:** Makes a boring night fun. **Signs of abuse:** Slurred speech, lack of coordination, nausea, vomiting, hangovers

### PRESCRIPTION OPIATES



**Street names:** Codeine, OxyContin (Oxy, O.C.) Percocet (Perc's) Vicodin (Vitamin V) **Looks like:** Tablets and capsules **How it is used:** Swallowed or injected **What teens have heard:** A free high straight from the medicine cabinet. **Signs of abuse:** RX bottles with out illness, disrupted eating and sleeping patterns

### HEROIN



**Street names:** Big H, Black Tar, Dope, Junk, Smack, **Looks like:** White to dark brown powder, tar-like substance **How it is used:** Injected, snorted, or smoked **What teens have heard:** Full on euphoria, but super risky **Signs of abuse:** Track marks on body, slowed and slurred speech, and vomiting

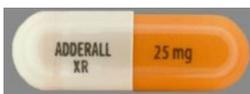
**Stimulants:** Also known as “uppers,” the primary use of stimulants is to increase energy, concentration, and wakefulness. Stimulants are said to provide a “rush.” In the short term, stimulants are believed to increase productivity and performance, while producing an excited high of pleasure. In the long term, stimulants are incredibly addictive and have a very high potential for abuse. **Examples of stimulants include:**

### COCAINE/CRACK



**Street names:** Bic C, Blow, Bump, Coke, Nose Candy, Rock **Looks like:** White crystalline powder, chips, chunks or white rocks **How it is used:** Snorted, smoked or injected **What teens have heard:** Keeps you amped up; you'll be the life of the party **Signs of abuse:** Nervous behavior, restlessness, bloody noses, high energy

### PRESCRIPTION STIMULANTS



**Street names:** Adderall, Ritalin, Dexedrine **Looks like:** Tablets and capsules **How it is used:** Swallowed, injected, or snorted **What teens have heard:** Keeps you attentive and focused **Signs of abuse:** Lack of appetite, increased alertness, attention span and energy

### METHAMPHETAMINE



**Street names:** Ice, chalk, crank, crystal, glass, speed **Looks like:** White or slightly yellow crystal-like powder, large rock-like chunks **How it is used:** Injected, snorted, swallowed, or smoked **What teens have heard:** Can keep you going for days **Signs of abuse:** Nervous physical activity, scabs and open sores, decreased appetite, inability to sleep

## LEARN THE FACTS ABOUT DRUGS

**Hallucinogens:** sometimes referred to as dissociatives, alter the user's perception of reality, often resulting in auditory and visual hallucinations, a process known as "tripping." Although hallucinogens are generally less addictive than other drug classifications, their immediate impacts are generally more severe and dangerous.

Examples of hallucinogens include:

### ECSTASY/MDMA



**Street names:** X, E, Molly, XTC **Looks like:** Branded tablets or vitamins **How it is used:** Swallowed or snorted **What teens have heard:** Enhances senses and you'll love everyone **Signs of abuse:** Teeth clenching, chills, sweating, dehydration, anxiety, unusual displays of affection nausea, vomiting, hangovers

### LSD



**Street names:** Acid, Yellow Submarine, Hit, Cheer, Lucy **Looks like:** Tablets (liquid absorbed on blotter paper) or liquid **How it is used:** Swallowed **What teens have heard:** Expands your mind, or gives carefree euphoric feelings **Signs of abuse:** Psychosis, paranoia, dilated pupils, and loss of appetite

### PSILOCYBIN MUSHROOMS



**Street names:** Caps, Shrooms, Magic **Looks like:** Dried mushrooms **How it is used:** Eaten or brewed and consumed as tea **What teens have heard:** Can cause you to see images, hear sounds, and feel sensations that do not exist **Signs of abuse:** Paranoia, dilated pupils, facial flushing

## WARNING! FENTANYL IS KILLING MILLIONS

Fentanyl is a synthetic narcotic painkiller which has recently been named the chief culprit in the nations opioid crisis. **Why?** Fentanyl is being produced in illegal labs and sold on the streets, often **mixed with other drugs.** *You really never know what you're getting.*

Fentanyl can slow or stop your breathing, and may be habit-forming. MISUSE OF NARCOTIC MEDICINE CAN CAUSE ADDICTION, OVERDOSE, OR DEATH, especially in a child or other person using the medicine without a prescription. Fatal side effects can occur if you use this medicine with alcohol, or with other drugs that cause drowsiness or slow your breathing.

A tool has emerged in the fight against opioid overdose deaths. It's a strip that allows people who use street drugs such as cocaine and heroin to test whether their drugs are laced with fentanyl. These strips can be acquired by calling **KCS Health Center** at:



**Buena Park:** (714) 503-6550  
**Garden Grove:** 714-539-4544  
**Anaheim:** 714-527-6561  
**Irvine:** 949-654-9163

